

Instructions before facial injectable treatment

In preparation for your injection treatment:

- Avoid alcohol in the 48 hours before your treatment
- Avoid antiplatelet or anti-inflammatory drugs (Aspirin, Plavix, etc.) for 5 days before your injections
- Avoid natural products (garlic, ginkgo biloba, etc.) for 5 days before your injection
- Avoid wearing makeup the day of your injections

Contraindications

- Pregnancy or breastfeeding
- Allergy to hyaluronic acid
- Active skin disease or skin infection
- Use of anticoagulants (Eliquis, Xarelto, Coumadin, etc.)

Be careful if

- You have a history of hypertrophic scars or keloids. Mention this to your injector so that he or she can avoid the more aggressive techniques requiring skin incisions.
- You have a history of cold sores. For lip injections, your doctor will prescribe medication to prevent reactivation of the virus with the injections.

Instructions after facial injectable treatment

IMMEDIATELY

- Reactions such as redness, bruising and temporary swelling may occur.
- It is recommended to apply ice for 15 minutes every hour to the treated areas.
- Avoid touching, massaging or scratching the injected area. Keep your head elevated for the first 4 hours after the procedure.

FOR THE FIRST 12 HOURS

- Avoid applying makeup to the injected area

FOR THE FIRST 24 HOURS

- Do not engage in physical activity
- Do not drink alcoholic beverages
- Do not expose yourself to the sun, heat or extreme cold
- Be careful not to pucker your lips after lip fillers (straw, kissing, cigarettes, etc.)
- If you suddenly feel pain or if the skin turns white at the injection sites, contact the clinic immediately or go to the nearest emergency room.

FOR THE NEXT 2 WEEKS

- Avoid extremely hot or cold temperatures, (sauna, hot baths, etc.). and prolonged exposure to sunlight or UV rays.